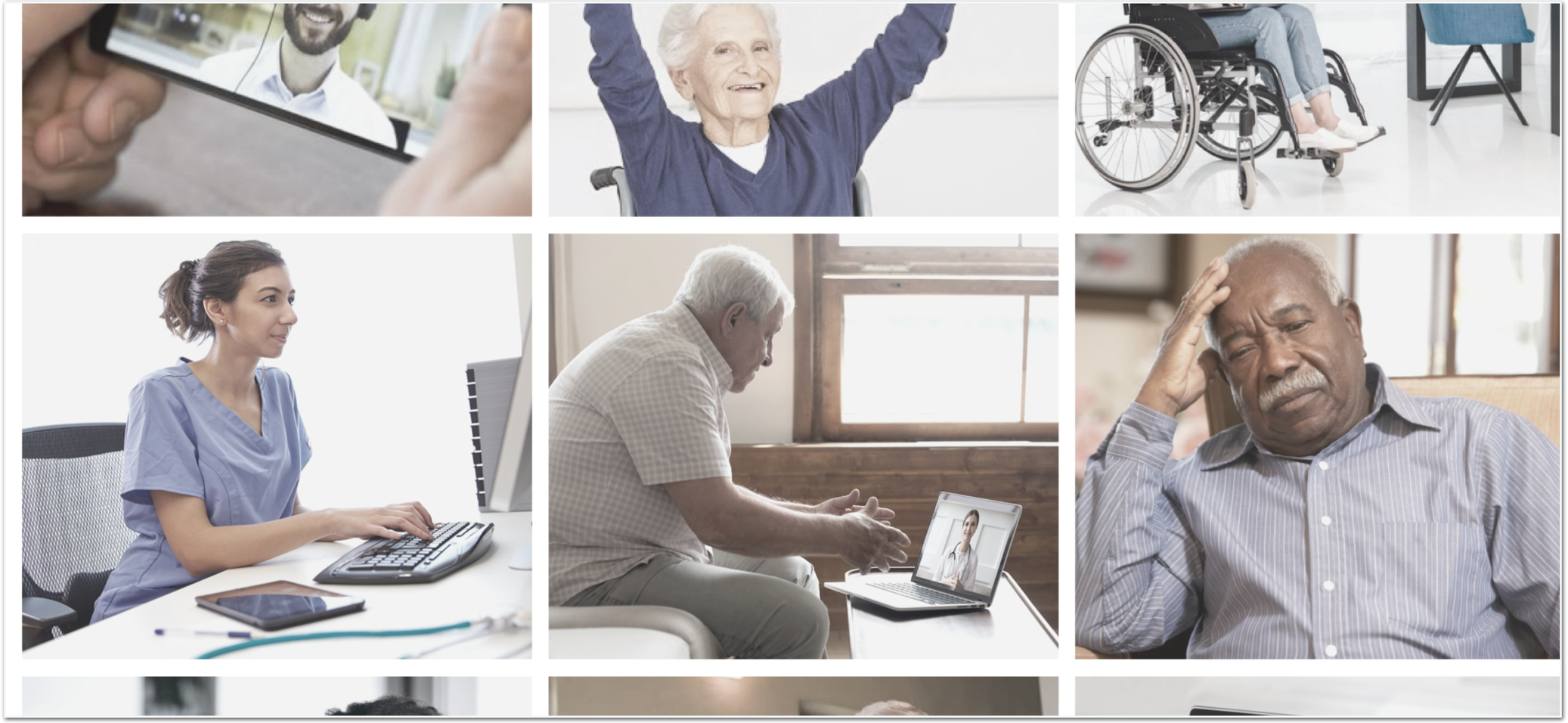
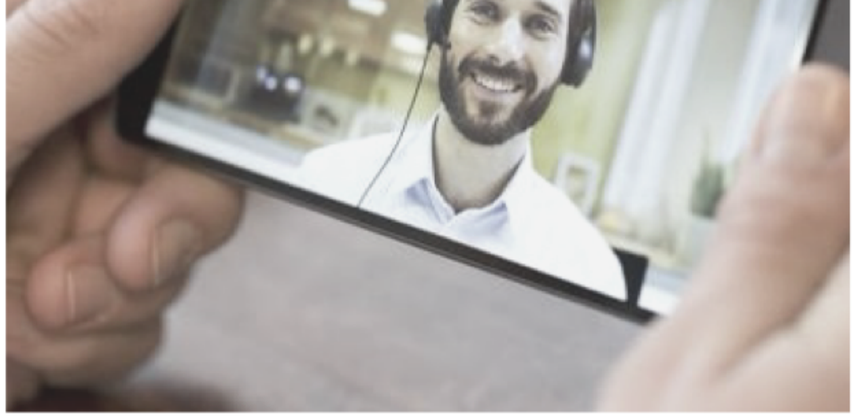
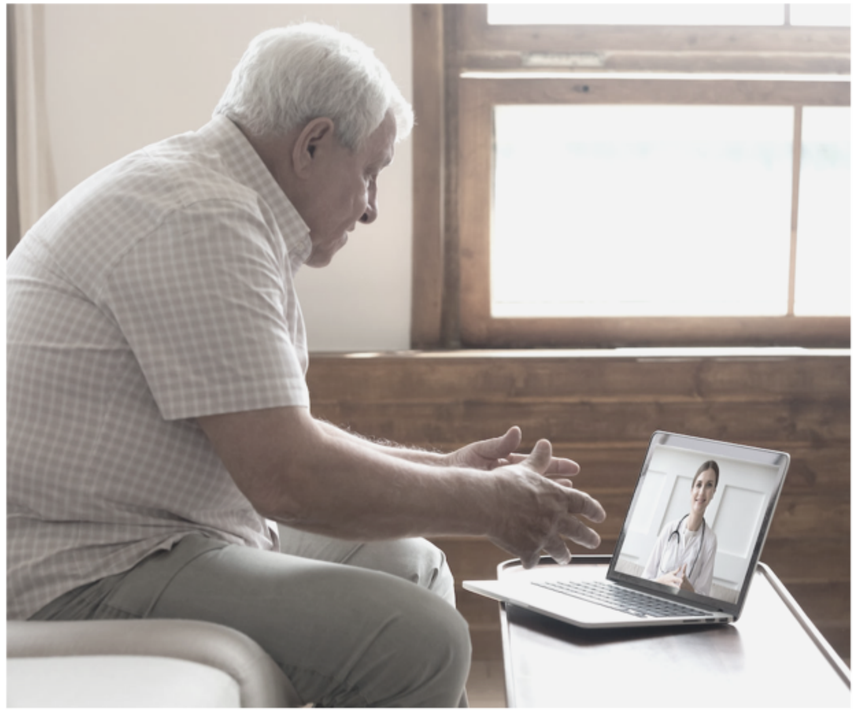


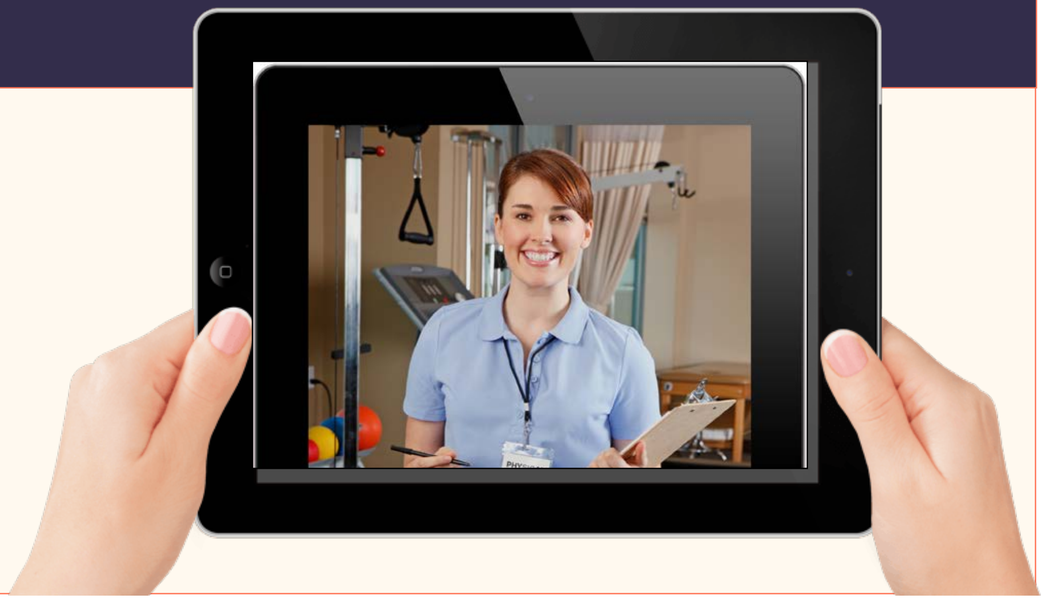
FIGURING IT OUT TOGETHER

Virtually Transforming Our Patients Rehabilitation Experience





How does our relationship with our patients need to change so we can deliver outstanding therapy remotely?



Coach/Facilitator

- Embrace a facilitation mindset
- Patient is responsible for own choices
- We are facilitating learning
- Coaching patients to find own solutions

Set the Foundation

- Step into patients reality
- Help patient prepare for sessions; technology and mindset
- Help family/carer find their role and way of supporting the patient
- Support patient to do self assessments

Co Create the Relationship

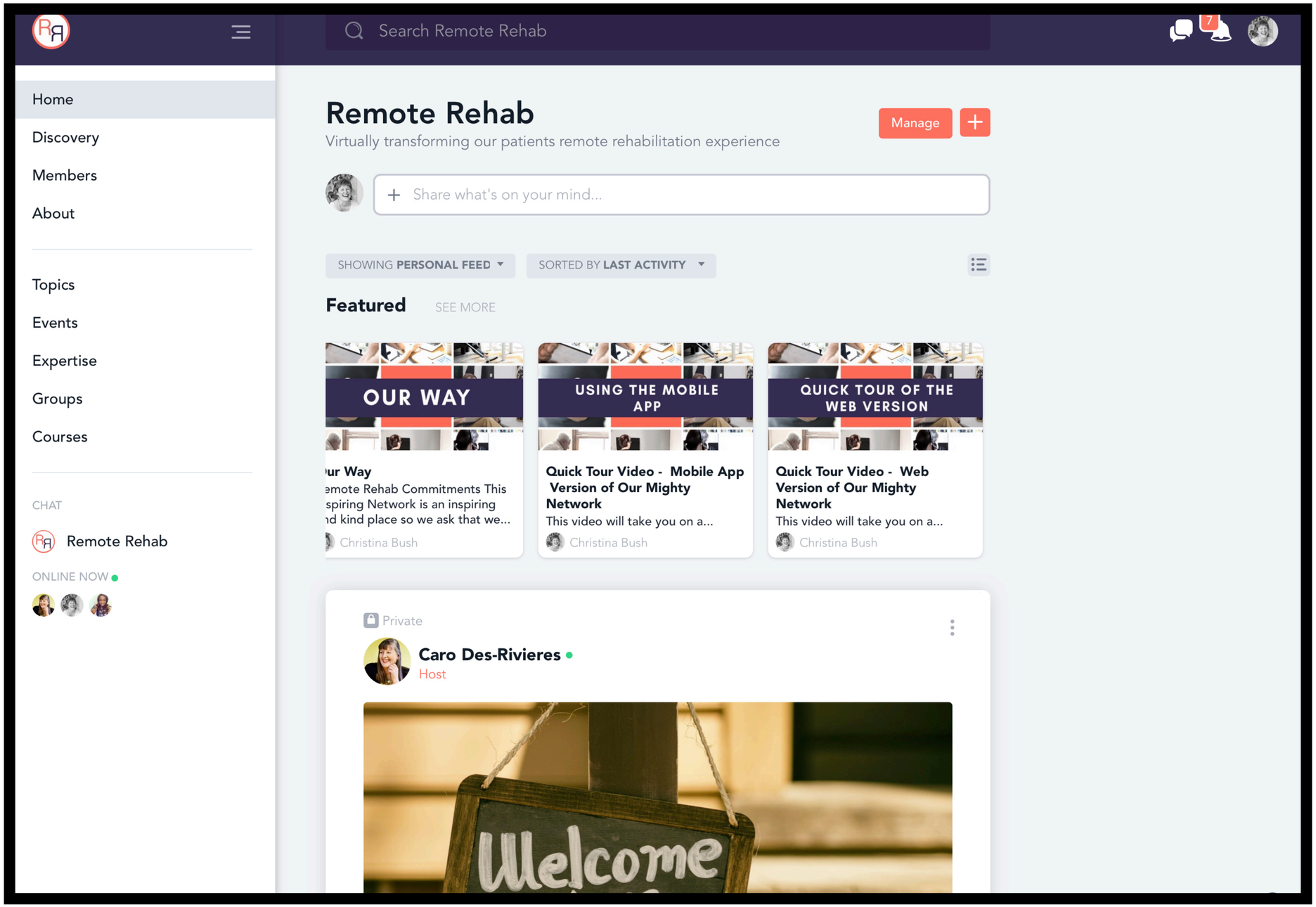
- Partner with the patient and their family/carer
- Be different in every relationship
- Be creative and flexible in how you work
- Patient autonomy

Communicate Effectively

- Be present and fully connected to patient
- Use motivational language
- Support patient to reframe perspectives
- Support patient to be creative
- Use coaching skills

Support Learning and Growth

- Support and enable patient autonomy
- Support patient awareness and connection
- Support patients to integrate awareness and learning
- Inspire safe exploration and experimentation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Host
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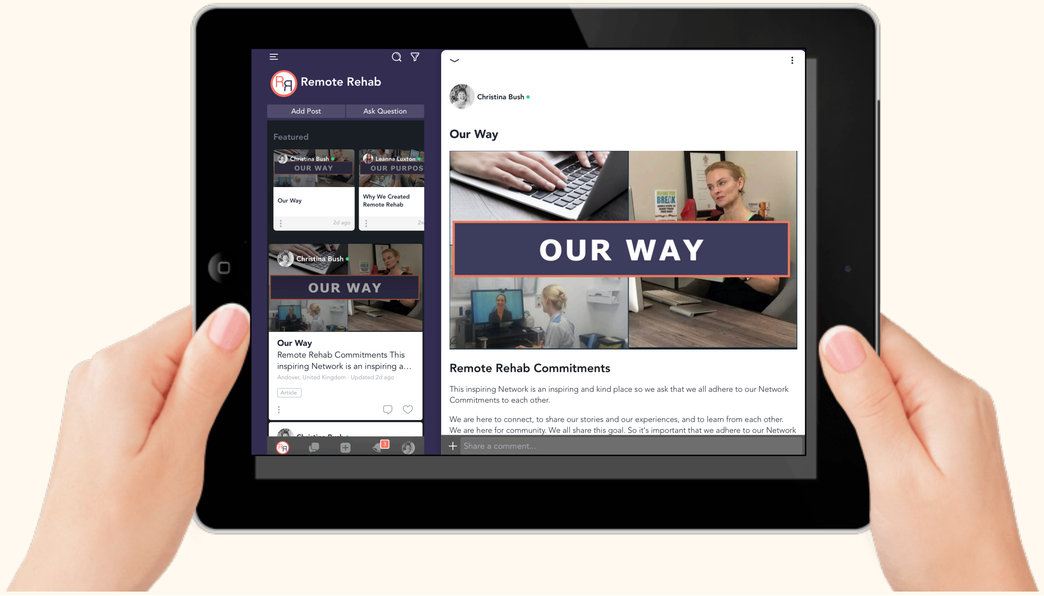
Remote Rehab Topics



- Getting ready to work remotely
- Inspiring stories
- Best practice
- Assessment
- Self management
- Treatment options
- Motivational conversations
- Supporting patients to use technology

REMOTE REHAB

Get in touch for a demonstration

contact@rrc.life

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